

Oaklands & Slaithwaite Health Centres

QUESTIONS TO ASK AT YOUR APPOINTMENT

We appreciate that coming to the doctors surgery can be an anxious time and want to ensure that you get the most out of your appointment. You may find this sheet useful to help you prepare for your consultation.

Before your appointment

Write down here your most important question regarding your main issue:

1.

If time is left what other issues would you like to discuss?

2.

3.

During your appointment:

- Don't be afraid to ask if you don't understand. For example, "Can you say that again? I still don't understand"
- If you don't understand any words ask for them to be written down and explained
- Write things down or ask a family member or friend to take notes

Before you leave check that:

- Your questions have been answered
- You know what will happen next
- You know who to contact if you need help once that you have left the surgery



If you require this information in large print please ask reception